



## PACE North February 2025

### PACE North

2325 Garfield Rd N  
Traverse City, MI, 49686  
(231) 252-2767

Don't Forget to Call PACE first if you have any medical issues or questions. Medical staff is always available by phone at: (231) 252-2767. We can help and want to ensure your safety.

★HAPPY★  
BIRTHDAY!

Gayle R.	Pamela B.	Judith G.
Kris S.	Wilma C.	Naomi S.
Joyce R.	Christopher S.	Valma D.
Roxanne P.	Joan J.	Robert S.
Sheryl S-B.	Jean S.	Mary W.
Renee L.		

We offer salon services weekly on Wednesday and Thursday. Call PACE to set up an appointment!

Monday

Tuesday

Wednesday

Thursday

Friday

Mondays 12:30 Men's Group  
Wednesdays 12:30 Women's Group

**\*Activities & Times are  
Subject to Change\***

3 National Feed the Birds Day



Manicures  
Chair Zumba  
~Lunch~  
Bingo  
Bird Feeder Craft

4 1932 First Winter Olympics

Morning Devotional

Winter Olympics

~Lunch~

Olympics Trivia

Table Games/Birdfeeders



5 National Signing Day

**\*\*DENTAL CLINIC\*\***

Morning Devotional

Winter Olympics Continues

~Lunch~

Bingo

Table Games/Bird Feeder Craft

6 National Chopsticks Day

Horoscopes/Manicures

Bingo

~Lunch~

alloon Badminton

Team Pendant Banners



7 Super Bowl Weekend

Wear your Team Gear!



NFL Trivia

Football Toss

~Lunch~

Team Pendant Banners

Songs for the Soul

10 Cowboy Day

**\*\*BOOKMOBILE\*\***

TedTalks/Manicures

Chair Yoga with Clover

~Lunch~

Movie: Maverick

Poker



11 International Day of Women in Science

**\*\*VISION CLINIC\*\***

Morning Devotional

Special Guest!

~Lunch~

Bingo

Valentine Puzzle Wreaths



12 Lincoln's Birthday

Dear Abby

Balloon Badminton

~Lunch~

Bingo

Valentine Puzzle Wreaths



13 Last Peanuts Comic Printed in 2000

**\*\*BOOKMOBILE\*\*//\*\*VISION CLINIC\*\***

TedTalks/Manicures

Cardio Drumming

~Lunch~

Bingo

Valentine Puzzle Wreaths



14 Valentines Day

Valentines Stories

Chair Zumba

~Lunch~

Bingo

Valentines Day Social



17 President's Day!  
Random Acts of Kindness Day

Manicures

Chair Zumba

~Lunch~

Bingo

Acts of Kindness Chain



18

TedTalks/Manicures

Chair Yoga with Clover

~Lunch~

Bingo

(small day room) Movie: E.T.



19 John Travolta's Birthday

Dress in your 1970's best!

Horoscopes

Disco Dance Party

~Lunch~

(large day room) Movie: Grease II



20 National Love your Pet Day

Manicures

Balloon Badminton

~Lunch~

Liberty Ranch Visitor!

Cornhole



21 National Banana Bread Day

Dear Abby/Manicures

Chair Zumba

~Lunch~

Produce Bingo

Songs for the Soul



24 Johnny Cash Birthday

Manicures

Cardio Drumming

~Lunch~

David Lawston Musical Guest



25 Floral Design Day

Morning Devotional

Chair Zumba

~Lunch~

Bingo

Visions of Spring floral arranging



26

TedTalks/Manicures

Balloon Badminton

~Lunch~

Bingo

Visions of Spring floral arranging



27 National Strawberry Day

Manicures

Chair Yoga with Clover

~Lunch~

Bingo

Visions of Spring floral arranging



28

Manicures

Cardio Drumming

~Lunch~

Bingo

Visions of Spring floral arranging

