
















MARCH 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
Activities Available at All Times: <ul style="list-style-type: none"> PACE Library Art Cabinet Game Cabinet TV & Movies 	<div> For Activity Questions Please Call Sam @ (231) 645-6294 </div>	<div> Large Day Room </div>		1 9:30: The Write Word Game- About March 10:30: Balloon Badminton 12:30: Bingo! 1:30: Karaoke & Dance Party 2:30: Zingo!
4 World Wildlife Day 9:30: Wildlife Videos 10:30: Balloon Badminton! 12:30: Bingo! 1:30: Magnet Fishing 2:30: Word Search Races	5 9:30: Chair Yoga 10:30: Bingo! 12:30: Giant Bowling 1:30: Would You Rather 2:30: Game Groups—Fact or Crap Game	6 Dietician’s Day 9:30: Creativity With Clay—Shamrocks 10:30: Cards for Dietician’s (Abby & Lacy) 12:30: 5 Minute Painting! 1:30: Decades Karaoke—60’s 2:30: Chair Yoga	7 9:30: Brain Buster 10:30: Cardio Drumming! 12:30: Tyler’s Exotic Petting Zoo 2:30: Blank Slate	8 International Women’s Day 9:30: Pictionary & Hangman 10:30: Famous Women Trivia 12:30: Bingo! 1:30: Woman’s Social: Manicures & Tea 2:30: Jeopardy 
11 9:30: Jeopardy 10:30: Bingo! 12:30: Balloon Badminton 1:30: Dietician Cooking Class 2:30: Butterfly Trivia 	12 NTL Plant A Flower Day March Birthday’s 9:30: Hot Seat 10:30: Paper Flowers 12:30: Bingo! 1:30: Creativity With Clay—Shamrocks Monthly Birthday Celebration 2:30: Name That Tune 	13 Crazy about Crafts Day! NTL Jewel Day 9:30: Artist Impression 10:30: Blank Slate 12:30: Marble Painting 1:30: Bracelets 2:30: Zingo!	14 NTL Pi Day Outing: Dennos Museum 9:30: Funny Animal Videos 10:30: Cardio Drumming! 12:30: Bingo! 1:30: PI Day: Pie Taste Test Pies! 2:30: Zingo!	15 St. Patrick’s Day Celebration! 9:30: What’s Your Leprechaun Name? 10:30: St. Patricks' Day Bingo! 12:30: Leprechaun on the Loose 1:30: St. Patrick’s Day Social 2:30: Music & Dance 
18 Global Recycling Day 9:30: Earth Brain Buster 10:30: Bingo! 12:30: Earth Sensory Painting 1:30: Corn-hole Tourney! 2:30: Breathe & Stretch	19 Outing: Shopping Trip to Walmart 9:30: Chair Yoga 10:30: 5 Minute Painting! 12:30: Movie & Popcorn 2:30: Game Groups 	20 First Day of Spring! 9:30: Spring Word Scramble 10:30: Breathe & Stretch 12:30: Bingo! 1:30: Coffee Filter Art 2:30: Hot Seat 	21 <div> PACE CENTER CLOSED FOR STAFF TRAINING </div>	22 World Water Day 9:30: Brain Buster 10:30: Disco Music Workout 12:30: Bingo! 1:30: Water Marbling Craft 2:30: Name That Tune
25 Cherry Tree Day! 9:30: What’s in Your Bag Game 10:30: Bingo! 12:30: Giant Bowling 1:30: Painting 101: Cherry Trees! 2:30: Breathe & Stretch	26 9:30: Seated Zumba 10:30: Water Marbling Craft 12:30: Bingo! 1:30: Decades Karaoke—50’s 2:30: Zingo	27 9:30: Tongue Twister 10:30: Air Balloon Contest 12:30: Magnet Fishing 1:30: Dietician Cooking Class 2:30: Name That Tune	28 Baseball’s Opening Day! 9:30: Brain Buster 10:30: Baseball Trivia 12:30: Bingo! 1:30: Baseball Toss 2:30: Game Groups 	29 9:30: Pictionary & Hangman 10:30: Balloon Badminton 12:30: Mason Jar Flower Arrangements 1:30: Design Your Own Easter Egg 2:30: Zingo

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Activities Available at All Times: <ul style="list-style-type: none"> PACE Library Art Cabinet Game Cabinet TV & Movies 	<div> For Activity Questions Please Call Sam @ (231) 645-6294 </div>	<div> Small Day Room </div>		1 9:30: The Write Word Game- About March 10:30: March Trivia 12:30: Creative Coloring 1:30: Tote Bag Decorating 2:30: Free Painting
4 World Wildlife Day 9:30: Artist Impressions 10:30: Animal Planet 12:30: Heart Shaped Bird Feeders 1:30: Recycled Crafts 2:30: Match The Animals	5 9:30: Breathe & Stretch 10:30: March Trivia 12:30: Pour Painting 1:30: Pour Painting Continued 2:30: Puzzle Party	6 Dietician’s Day 9:30: Tongue Twisters 10:30: Cards for Dietician’s (Abby & Lacy) 12:30: Home Made Dog Toys 1:30: Cardio Drumming 2:30: Free Painting	7 9:30: Brain Buster 10:30: Aroma Jars 12:30: Movie Day 2:30: Bracelets 	8 International Women’s Day 9:30: Pictionary & Hangman 10:30: Cardio Drumming! 12:30: Aroma Jars 1:30: Jeopardy 2:30: Game Groups 
11 9:30: Word Search Races 10:30: Creative Coloring 12:30: Butterfly Craft 1:00: Bookmobile 2:30: Shamrock Paper Chains 	12 NTL Plant A Flower Day March Birthday’s 9:30: Brain Busters: Nature 10:30: Sunflower Painting 12:30: Pipe Cleaner Flowers 1:30: Tote Bag Decorating Monthly Birthday Celebration 2:30: Games Group 	13 Crazy about Crafts Day! NTL Jewel Day 9:30: Artist Impression 10:30: Balloon Badminton! 12:30: Sensory Jars 1:30: Jeopardy 2:30: Zingo!	14 NTL Pi Day Outing: Dennos Museum 9:30: Funny Animal Videos 10:30: Home Made Dog Toys 12:30: Shamrock Paper Chains 1:00: Bookmobile 2:30: Zingo!	15 St. Patrick’s Day! 9:30: What’s Your Leprechaun Name? 10:30: Lucky Charms and Superstitions Trivia 12:30: St. Patrick’s Day Craft 1:30: Shamrock Thumb Prints 2:30: Armchair Travel: Ireland 
18 Global Recycling Day 9:30: Artist Impressions 10:30: The Price is Right Game 12:30: Recycled Crafts 1:30: Armchair Travel 2:30: Puzzle Party	19 Outing: Shopping Trip to Walmart 9:30: Who Am I? 10:30: Bird Houses 12:30: Sensory Jars 1:30: Jeopardy 2:30: Game Groups 	20 First Day of Spring! 9:30: Breathe & Stretch 10:30: Spring Cleaning: Recycled Crafts! 12:30: Bird Houses 1:30: Rainbows! 2:30: Creative Coloring 	21 <div> PACE CENTER CLOSED FOR STAFF TRAINING </div>	22 World Water Day 9:30: Water Color Painting 10:30: Water Marbling Craft 12:30: Water Word Scramble 1:30: Ocean Facts and Trivia 2:30: Puzzle Party
25 Cherry Tree Day! 9:30: Who Am I? 10:30: Cherry Blossom Vases 12:30: Cherry Blossom Lanterns 1:30: Name That Tune 2:30: Bracelets	26 9:30: Word Search Races 10:30: Breathe & Stretch 12:30: Tote Bag Decorating 1:30: Aroma Bracelets 2:30: Zingo	27 9:30: Tongue Twisters 10:30: Craft: Silk Suncatcher 12:30: The Price is Right Game 1:30: Aroma Bracelets 2:30: Puzzle Party	28 Baseball’s Opening Day! 9:30: Brain Buster 10:30: Cardio Drumming! 12:30: Movie Day: Moneyball 2:30: Wii Baseball Tournament 	29 9:30: Pictionary & Hangman 10:30: Marble Painting 12:30: Easter Egg Rocks 1:30: Suncatchers 2:30: Zingo

Word Search

POSITIVE WORDS



L Q G D O P C R E A T I V E
Q C N E N P O S A I O L R C
M I O V N O B S H U M B L E
K C H P F U N C I B B Z G G
G A O A T P I O K T V U C E
R M P U P I R N H L I Q H N
A F E C R P M S E G N V E E
C R F H J A Y I N H E X E R
I I U A K L G D S V A O R O
O E L R R O F E A T M Y F U
U N D M T Y B R O T I R U S
S D J I W A B A G U U C L C
U L R N L L V T R Y S O X I
C Y J G W M X E X W I S E U

Positive
Brave
Loyal
Courageous
Gracious

Creative
Kind
Cheerful
Generous
Genuine

Humble
Wise
Charming
Optimistic
Hopeful

Happy
Fun
Considerate
Friendly

PACE North March 2024 News

PACE North

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2767

Don't Forget to Call PACE first if you have any medical issues or questions. Medical staff is always available by phone at: (231) 252-2767. We can help and want to ensure your safety.

Outings

- Shopping Trip to Walmart!
Tuesday, 3/19 @ 1pm
 - Dennos Museum Outing
Thursday, 3/14 @1pm
- Sign up for outings in Large Day room*

We offer salon services weekly on Wednesday and Thursday. set up an appointment!

HAPPY BIRTHDAY!

Rosemary K. 3/1	Nancy M. 3/2
Sarah W. 3/8	Helen H. 3/11
Karen B. 3/12	Leanna L. 3/12
Ramsay S. 3/14	Nancy O. 3/15
Laura C. 3/16	Donny S. 3/16
Eugene W. 3/16	Norma L. 3/18
Susan B. 3/19	James R. 3/19
Susan H. 3/21	Edna R. 3/31
Connie W. 3/31	

The new therapy gym will be unveiled in the beginning of March

Special Events!

- Tyler's Exotic Petting Zoo
Thursday, 3/7 @ 12:30pm
- Dietician Cooking Class
3/11 & 3/27 @ 1:30pm
- Bookmobile 3/11 & 3/14
@1:00pm
- Birthday Celebration
Tuesday, 3/12 @ 1:30pm

St. Patrick's Day Social!
March 15th @ 1:30pm
Games, Snacks, Fun, & Luck!



March 2024

Mon

Tue

Wed

Thu

Fri

				<i>1</i> Bowl of Chili with Cornbread <u>or</u> Ham and Cheese with Lettuce & Tomato on Whole Grain. Cauliflower Buffalo Bites. Pudding or Jello
<i>4</i> Cheese Ravioli with Marinara, Sauteed Zucchini <u>Or</u> Chili with Cornbread. Pudding or Jello	<i>5</i> Chicken Fajita Bowls <u>Or</u> Tuna Stuffed Tomato with Crackers. Mini Cheesecakes	<i>6</i> Turkey Taco Salad with Lettuce, Tomato, & Salsa <u>Or</u> Chef Salad Pudding or Jello	<i>7</i> Beef with Sauteed Peppers, Onion, & Swiss, On a Bun <u>Or</u> Chicken Salad Wrap; Broccoli Slaw with Both. Fresh Fruit or Jello	<i>8</i> Chef Salad with Breadstick <u>Or</u> Meatloaf w/ Mashed Potatoes & Steamed Broccoli Fresh Fruit or Pudding
<i>11</i> Scrambled Eggs with Peppers & Turkey Sausage <u>Or</u> Spinach Bacon Quiche. Fresh Fruit or Lemon Pudding	<i>12</i> Bean & Cheese Burrito with Red Sauce, Peppers & Onions <u>Or</u> Chef Salad Fresh Fruit or Pudding	<i>13</i> Chicken Breast with Marinara & Zucchini <u>Or</u> Chicken Salad Rollup with Cole Slaw. Fresh Fruit, Pudding, or Jello	<i>14</i> Mexican Stuffed Sweet Potato with Sour Cream and Guacamole <u>Or</u> Chicken Salad Wrap with Cucumber Tomato Feta Salad Pudding or Jello	<i>15</i> Corned Beef with Potatoes, Carrots, & Cabbage <u>Or</u> Potato Soup Cake or Jello
<i>18</i> Turkey Pot Pie <u>Or</u> Chicken Caesar Salad with a Breadstick Pudding or Jello	<i>19</i> Rainbow Antipasto Salad <u>Or</u> Goulash with a Side Salad. Fresh Fruit or Jello	<i>20</i> Mini Subs—Ham and Turkey; Lettuce, Tomato, Onion with Buffalo Cauliflower Bites <u>Or</u> French Onion Soup with Garlic Bread Fresh Fruit or Pudding	<i>21</i> Meatloaf with Mashed Potatoes & Green Beans <u>Or</u> Chef Salad Pudding or Jello	<i>22</i> Open Face Tuna on English Muffin Served Warm <u>Or</u> Cobb Salad Veggie Skewers Pudding or Jello
<i>25</i> Cheeseburger with Lettuce, Tomato, & Onion <u>Or</u> Grilled Chicken with Lettuce, Tomato, & Onion. Cucumber, Feta, & Tomato Salad Pudding or Jello	<i>26</i> Whole Grain Pizza Pasta <u>Or</u> Tuna Stuffed Tomato with Veggie Skewers Fresh Fruit or Jello	<i>27</i> Chicken Pot Pie <u>Or</u> Chicken Fingers with Cole Slaw Pudding or Jello	<i>28</i> Beef Stroganoff with Steamed Broccoli <u>Or</u> Turkey Rollup with a Side Salad Pudding or Jello	<i>29</i> Scrambled Eggs with Peppers & Turkey Sausage <u>Or</u> Biscuits & Gravy Fresh Fruit or Jello