

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> PACE CENTER CLOSED</p> 	<p><b>3 National Cinema Day</b></p> <p>9:30 Monthly Gazette</p> <p>10:30 Bingo!</p>  <p>12:30 Movie: Grease</p> <p>1:30 Movie Continued</p> <p>2:30 Yahzee</p>	<p><b>4 Miram Pico Visit</b></p> <p>9:30 Rubus Brain Busters</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Crafts: Bird Feeders</p> <p>1:30 Magnet Fishing</p> <p>2:30 Wooden Puzzles</p>	<p><b>5 Bookmobile</b></p> <p>9:30 Newspaper: Dear Abby</p> <p>10:30 Manicures</p> <p>12:30 Balloon Badminton</p> <p>1:30 Jeopardy</p> <p>2:30 Card Games</p>	<p><b>6 Walmart Outing</b></p> <p>9:30 Hangman</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Bingo!</p> <p>1:30 Cornhole</p> <p>2:30 Garden Group</p>
<p><b>9</b></p> <p>9:30 Garden Group</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 <b>Special Guest: Frankie and the Crooners</b></p> <p>1:30 Latter Ball</p> <p>2:30 Popsicles on the Patio</p> 	<p><b>10</b></p> <p>9:30 Manicures</p> <p>10:30 Bingo!</p> <p>12:30 Pour Painting</p> <p>1:30 Pour Painting Continued</p> <p>2:30 Card Games</p> 	<p><b>11 Day of Remembrance 9/11</b></p> <p>9:30 Where were you...</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Bingo</p> <p>1:30 Letters to Soldiers</p> <p>2:30 Zingo</p> 	<p><b>12 Michael's Craft Store Outing</b></p> <p>9:30 Rebus Brain Busters</p> <p>10:30 Balloon Badminton</p> <p>12:30 Seasonal Door Hangers</p> <p>1:30 Manicures</p> <p>2:30 Popsicles on the Pat</p> 	<p><b>13 September Birthday</b></p>  <p>9:30 Tongue Twisters</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Bingo</p> <p>1:30 Birthday Cake</p> <p>2:30 Garden Group</p> 
<p><b>16 80's Day</b> <b>Bookmobile</b></p> <p>9:30 Garden Group</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Bingo</p> <p>1:30 80s Music Videos</p> <p>2:30 Zingo</p> 	<p><b>17 College Day</b></p> <p>9:30 Would you Rathers...</p> <p>10:30 Bingo</p> <p>12:30 Basketball Tournament</p> <p>1:30 College Day Trivia</p> <p>2:30 Cornhole</p> 	<p><b>18 Flannel Day</b></p> <p>9:30 Breathe &amp; Stretch</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Target Practice</p> <p>1:30 Manicures</p> <p>2:30 Puzzle Party</p> 	<p><b>19 Crazy Hat/Hair Day</b></p> <p>9:30 Rebus Brain Busters</p> <p>10:30 Crazy Hair/Hat Contest</p> <p>12:30 Bingo</p> <p>1:30 : Crafts w/ Clay</p> <p>2:30 Card Games</p> 	<p><b>20 Western Day</b></p> <p>9:30 Western Videos</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Saloon Social</p> <p>1:30 Horse shoes</p> <p>2:30 Garden Group</p> 
<p><b>23</b></p> <p>9:30 Garden Group</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Jeopardy</p> <p>1:30 Manicures</p> <p>2:30 Wha am I..</p>	<p><b>24 Walmart Outing</b></p> <p>9:30 Latter Ball</p> <p>10:30 Garden Bed Clean Out</p> <p>12:30 No Sew Scented Satchel</p> <p>1:30 Newspaper: Dear Abby</p> <p>2:30 Card Games</p>	<p><b>25 National One Hit Wonders Day</b></p> <p>9:30 OHW Music Videos</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Nutrition Hour</p>  <p>1:30 Karaoke</p> <p>2:30 Name that Tune</p>	<p><b>26 National Pancake Day</b></p> <p>9:30 Pancakes for Breakfast</p> <p>10:30 Jeopardy</p> <p>12:30 Autumn Leaves Coasters</p> <p>1:30 Balloon Badminton</p> <p>2:30 Zingo</p>	<p><b>27</b></p> <p>9:30 Manicures</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Bingo</p> <p>1:30 Five Minute Painting</p> <p>2:30 Garden Group</p>
<p><b>30</b></p> <p>9:30 Garden Group</p> <p>10:30 Movement w/ Taryn</p> <p>12:30 Bingo!</p> <p>1:30 Craft: Pumpkin Corks</p> <p>2:30 Cornhole</p>	<p><b>SEPTEMBER 2024 ACTIVITY CALENDAR</b></p>			 <p>For Activity Questions Please Call David (231) 645-6294</p>

# PACE North September 2024 News



**PACE North**  
 2325 Garfield Rd N  
 Traverse City, MI, 49686  
 (231) 252-2767

**Outings**  
**Wal-Mart**  
 9/6 & 9/24  
**Michael's Craft Store**  
 9/12

Flu season is upon us... Get a Flu Shot September 9-13 at PACE

- |            |             |             |
|------------|-------------|-------------|
| Jeanne M.  | Joanne T.   | Betty P.    |
| Verna R.   | Randall D.  | Jenny S.    |
| Deborah C. | Dale C.     | Keith D.    |
| Judy R.    | Nancy J.    | Jewell F.   |
| Terri M.   | Steven H.   | Susan K.    |
| Doug M.    | Donald S.   | Patricia C. |
| Pauline G. | Maxine L.   | Todd K.     |
| Betty P.   | Caroline P. | Karen M.    |

**Mobile Clinic's**  
 Dental Clinic 9/9 & 9/20  
 Optometry 9/23  
 Audiology 9/26

**Don't Forget to Call PACE first if you have any medical issues or questions. Medical staff is always available by phone at: (231) 252-2767. We can help and want to ensure your safety.**

Have you fallen recently? Did you talk to your care team? Some falls can be prevented or decreased. Your team can help you if we know. Falls can be scary, PACE is here to HELP!

**Special Guests:**  
 9/4 : Miram Pico  
 9/9: Frankie and the Crooners

September 16-20, 2024  
**Spirit Week**  
 Join the FUN!

**PACE North**  
 Program of All-Inclusive Care for the Elderly

**JOIN THE FUN!!!**

**Monday 16 '80's DAY**

**Tuesday 17 COLLEGE DAY**

**Wednesday 18 FLANNEL DAY**

**Thursday 19 CRAZY HAT/HAIR DAY**

**Friday 20 WESTERN DAY**

Questions? **See David in Recreation Therapy**

**SEPTEMBER IS NATIONAL PACE MONTH**

**SIMPLIFY YOUR LIFE: At Your PACE**